



## 8<sup>TH</sup> Annual Southlake Regional Health Centre Geriatric Clinic Day

# #BreakingItDown Building Local Solutions to Complex Needs

Thursday, April 19, 2018  
Southlake Regional Health Centre  
Medical Arts Building Lecture Hall, 6 Floor  
581 Davis Drive  
Newmarket, ON L3Y 2P6

Cost: \$75

Step 1: Registration Link: <https://www.surveymonkey.com/r/C69GC7Q>

Step 2: Payment Link: [https://www.e-community.ca/unp/UNPFrontControllerServlet?LANG=en&OPCODE=FormInfo&APP\\_ID=100051&BRAND=site](https://www.e-community.ca/unp/UNPFrontControllerServlet?LANG=en&OPCODE=FormInfo&APP_ID=100051&BRAND=site) For Account Number use "geriatrics".

To pay via cheque, make payable to Geriatric Outreach Services SRHC

Mailing Address: Southlake Regional health Centre, 596 Davis Drive, Newmarket, ON L3Y 2P9  
Attn: GOT-Box #25)

The 2018 Geriatric Clinic Day will focus on local engagement, circles of strength, and creating the essential conditions to do better in complex situations. We will highlight the issues captured through local conversations and work together to develop strategies that contribute to compassionate quality care for frail aging adults and caregivers.

### Program Agenda

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| 8:00-8:30   | Registration/Breakfast   |
| 8:30-8:40   | Welcome – Susan Steels , Chair, Geriatric Clinic Day Planning Committee  |
| 8:40-9:30   | <b>Keynote: <i>Back to Basics: Refocusing on the Simple Things That Count</i></b><br><b>Arden Krystal, President and CEO of Southlake Regional Health Centre</b> |
| 9:30-10:30  | <i>Screening and Harm Reduction:<br/>Approaches for Alcohol-related Problems in Older Adults</i><br>Dr. Bonnie Purcell, London Health Sciences Centre            |
| 10:30-11:00 | Networking BREAK and Health Expo   |
| 11:00-11:45 | <i>Understanding the Complex Service Needs of Seniors Living With AIDS</i><br>Ioana-Smarandita Arborne, AIDS Committee of York Region                            |
| 11:45-12:15 | <i>A Shocking Death? ICD Deactivation at the End of Life</i><br>Blythe Gregorio, Southlake Regional Health Centre  |

- 12:15-1:00 LUNCH and HEALTH EXPO
- 1:00-1:50 *Primary Care and Assessment for Aging Adults with Developmental Disabilities*  
Shirley McMillan, Surrey Place
- 1:50-2:00 BREAK Dancing with the Geriatric Outreach Team
- 2:00-2:45 *Innovative Local Initiatives that Target Complex Needs*  
Panel:
  - Debra Walko, LOFT
  - Cindy Dodd, CLHIN
  - Lorraine Simpson and Kelsy McIntosh, DeafBlind Ontario Services
Moderator: Rosalyn Gambell, Chronic Diseases Management and Health Links  
Southlake Regional Health Centre
- 2:45-3:00 BREAK
- 3:00-3:15 *Establishing A CLHIN Seniors Care Network*  
Patti Reed, Regional Program Manager, Behavioural Supports Ontario,  
Mackenzie Health along with co-lead Seniors Care Network
- 3:15-4:00 *Improving Supports to Caregivers*  
Panel:
  - Sally Kirby, CLHIN Self-Management Program
  - Vandita Trivedi, CHATS
  - Andrea Ubell, Alzheimer Society York Region
Moderator: Sue Lantz, Project Facilitator, Central LHIN Caregiver  
Framework Consultations, and Managing Director of Collaborative Aging.
- 4:00 Closing Remarks – Annie Hayward, Geriatric Clinic Day Planning Committee

**Disclosures:**

This Conference Day was created by an independent Committee passionate about contributing to quality care for seniors and caregivers. The topics were selected based on an independent review of current issues related to aging, patient and caregiver stories, and 2017 participant evaluations.

Thank you to our lunch sponsor, Chartwell Retirement Residences .

**2018 Geriatric Clinic Day Planning Committee:**

Susan Steels, Social Worker/Clinical Leader Geriatric Outreach, (Chair)

Yvonne Appleby Clark, Recreation Therapist

Annie Hayward, GEM Nurse

Rosalyn Gambell, Manager, Chronic Disease/Medicine Program/Health Links

Janet Rentsch, Retired Senior and HELP Volunteer

Sofia Dias, Administrative Assistant, Self-Management Program CLHIN

**Cancellation Policy:** Refunds will be provided up to April 1, 2018 less \$25 Administrative Fee.

*For further information and to enquire about Health fair Tables and sponsorship options, please contact Susan Steels at [ssteels@southlakeregional.org](mailto:ssteels@southlakeregional.org) or call 905-895-4521 Ext. 2941.*